

Renewing Connections: A Lenten Retreat at Smith Lake

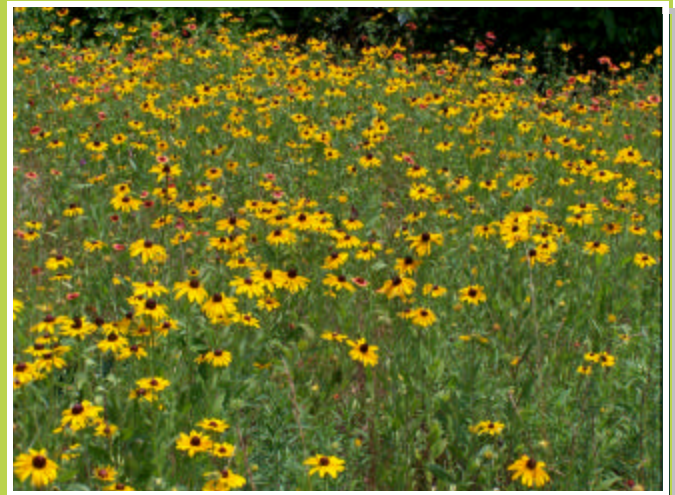
Friday, February 19th, 9:30-3:30
\$50 lunch and materials included

What needs to be healed?

The Lenten season is a reminder to pause, reflect on the meaning of our lives, and re-turn toward LIFE. Join author and Retreat Leader, Mary Bea Sullivan for a day surrounded in natural beauty and a supportive community. You will be led through simple, powerful exercises including prayer, reflection, and small group discussion.

Begin your Lent with a day of RENEWAL!

- **Enhance your Lenten Journey by creating space to consider:**
 - **Where do I wish to turn in new directions?**
 - **How can I prepare for the transformative grace of Easter?**
 - **What needs to be healed?**



Registration and information:

Please contact Mary Bea Sullivan at
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www.marybeasullivan.com